



EAST COWES SAILING CLUB

ECSC Regatta Saturday 18th August 2018 Two Races – All in massed start. HW Cowes 16.50 BST

SAILING INSTRUCTIONS

1. Current ISAF Rules and RYA prescriptions, together with class rules shall apply except as amended by these instructions.

2. Start and Finish Line


Starting signals will be made from East Cowes Esplanade, at a position approximately 200 metres southwest of old Castle Point. **The Start line will be an extension of a transit formed by bringing a Red and White pole (on the sea wall) and a Dayglo Orange back marker on the Starting box (beach hut) into line. Both the forward and back transit marks may be lit by a high-intensity white light.**

The outer distance mark (ODM) for both start and finish will be the yellow racing mark “**Cowes Corinthian(34)**” approximately 500 metres NW of the transit marks. **Note: The outer limit may not necessarily be on the start line.**

The finish Line to be from the Red and White Post on the Esplanade Wall to the ODM (Cowes Corinthian).

3. Classes and Start Times

There will be only one class which will be identified by a symbol, rather than a class flag. These symbols shall take the form of a coloured shape on a black ground.

RACE 1	CLASS SYMBOL	WARNING SIGNAL	PREPARATORY SIGNAL	ONE MINUTE	START SIGNAL
“All-In” Massed Start		12.25	12.26	12.29	12.30

NOTES:

A. There may be a time check broadcast on VHF Radio (M1 37A) at 12:15.

B. The Second Race to be started as soon as possible after race 1 has finished. An announcement will be made on VHF Radio (M1 37A) 5 minutes before the commencement of the starting sequence for the Second Race.

4. Courses

Courses will be selected from the 2017 ECSC Course Card available on the website. Each course is indicated by a single letter. Courses may be combined for the purposes of a race e.g. Course BD means Course B with vessels continuing the race with Course D. Courses may be sailed twice (2 laps). Course ZZ indicates that the course will be passed by radio, nominating individual race marks.

5. Areas that are Obstructions

When racing Yachts shall always pass north of the breakwater. The breakwater shall rank as an obstruction as defined in RRS.

6. Starting and Course Signals

BE AWARE THAT COURSE INFORMATION WILL BE CIRCULATED BY VHF RADIO ONLY.

The sound signal is generated by an air-horn, A light is also illuminated when the signal is sounded.

- (i) A coloured board displayed on the apex of the starting box (beach hut) will indicate the direction for starting. Red (white border) starting to the East, Green (white border) starting to the West.
- (ii) The warning signal for the start will be indicated by a sound signal (with light).
- (iii) The preparatory signal for start will be indicated by a sound signal (with light).
- (iv) The 'One Minute' signal will be indicated by a sound signal.
- (v) The class start signal will be indicated by a sound signal.

The course letter(s) names of marks, and which side to pass the mark will be broadcast on VHF channel M1 (37A)

- (vi) Course cards and buoy charts (not to be used for navigation) should be downloaded from the Club's web site www.eastcowessc.co.uk.

- (vii) All marks are to be 'passed' on the required side.

7. Recalls

Should a competing yacht be on course side (OCS) at the start, a second sound signal will be made and the Sail number/name(s) of the OCS yachts will be broadcast on VHF channel 37A as soon as possible. The 'Round the Ends Rule 30.1' shall not apply. OCS Yachts not returning and starting correctly will receive a 2% penalty on elapsed time.

8. Shortened Course

Courses may be shortened as per 'RRS 32 by displaying the orange letter [S] on a black background at the shore end of the Line. If [S] only is displayed, all classes are to be shortened. If [S] followed by a class symbol(s) is displayed, only the class(s) indicated are to be shortened.

If conditions dictate courses may be shortened at any point by the Club launch/RIB displaying both a blue flag and flag [S] (blue square on white background). In both circumstances sound signals will be made. When courses are shortened the race will finish at the next rounding mark for the leading boat of that class or classes. Competitors should record the time their boat passes abeam that mark, and also the identity of the boats crossing the line immediately ahead and astern. When possible a launch will be on station to also record finishing times. Timings should be passed to the Race Officers as soon as possible after finishing the race.

9. Time Limits

The first race will be approximately **sixty minutes** and the second race will be approximately **90 minutes** subject to changes in the weather and tide conditions, at the discretion of the Principal Race Officer. No racing will take place after 17.00hrs.

10. Cancellation

Flag 'N' (blue and white check) will be flown from the Club flagstaff located at the Sailing Club premises and also on the race control box on East Cowes Esplanade as soon as possible prior to commencement of racing. A broadcast will be made on VHF Radio Channel M1 (37A).

11. Entry Forms, handicap forms, Fees & Liability Disclaimer

Competitors are required to have completed an Entry and Liability Disclaimer form and Handicap Form prior to competing. These are available in advance on the club website www.eastcowessc.co.uk A limited supply is also available on the day from the Line, Club Launch or RIB, or by application to Rear Commodore (Sailing).

Completed forms should be passed either direct to the Rear Commodore (sailing) or handed to the launch or start line officials. Any competitor starting without the forms having been completed and returned will be deemed not to be taking part.

Visitors are requested to identify themselves to the Race Officers/Line or the Club launch prior to the start.

Entry fees are **only** required from ECSC members who have not paid race fees for the season, or visitors to the Regatta. Fees are £5.00 for the event.

12. Safety Equipment.

The following items of safety equipment must, as a minimum, be carried by all competing boats:

- a. A VHF radio capable of communicating on VHF channel M1 (37A)
- b. An anchor suitable for the size of vessel and a minimum of 20 metres of warp.
- c. A Personal flotation aid for each person on board.
- d. A life buoy or other man overboard recovery device.
- e. Navigation lights appropriate to the size of vessel.

13. Interaction with Commercial Shipping.

The International Regulations for Preventing Collision at Sea (Collregs) apply when any non-racing vessel is encountered. In particular sailing vessels and all vessels under 20 metres in length must not impede vessels that can navigate safely only in a narrow channel or fairway. All yachts are required to comply with Southampton Notice to Mariners 03/2014 (Precautionary Area, Thorn Channel). Engines may be used for this purpose without penalty providing no racing advantage has been gained. Circumstances of engine use must be reported to the Race Committee without delay and in any event within 1 hour of finishing the race.

14. Alternative Penalty

Rule 44 will apply (**the 720 degree turn penalty**). Rule 31 will apply (touching a mark).

15. Protests

Intention to protest must be made to the Principal Race Officer either by communication through VHF channel 37A (M1) or by phoning 07751 799615 not later than 1 hour after the finish of the protesting yacht. The Principal Race Officer, at his discretion, has the power to extend this time limit.

Protest must then be made in writing and handed in to the Principal Race Officer with a £5 deposit, within 4 hours of the incident.

Note: It is the duty of the protesting yacht to inform the yacht being protested that protest is being made against her.

16. Results and Points Scoring

a. The results will be posted on the Club notice board and on the Club web site. In addition copies can be e-mailed to competitors (if e-mail results are required send an e-mail to sailing@eastcowessc.co.uk with 'ECSC RESULTS' in the header field).

b. The "Low Points Scoring Systems" of Appendix 'A' of the racing rules will apply as amended by rule A5.

17. Prizes

Cups and Trophies will be awarded at the Club's Prize Presentation evening. Keepsakes may be awarded on the evening of the Regatta.

18. Burgees

In order to identify competing yachts a Club burgee should be flown from the backstay of all yachts taking place in any ECSC racing event or, prominently displayed if no backstay is fitted. Visitors should identify themselves to the Race Officer.

MISCELLANEOUS

1. Handicap figures will be based on the Portsmouth Harbour System (PY) and will be reviewed/amended by the Sailing Committee. Notification of any amendments will be posted on the E.C.S.C. notice board and Club web site www.eastcowessc.co.uk prior to the races to which they apply.

2. During starting sequences or periods of other classes, other competitors are required to keep well clear of the starting area. Failure to do so may lead to penalties or disqualification.

3. Behavior deemed to be overly aggressive or of a dangerous nature may lead to penalties, disqualification or permanent exclusion.

4. The Club will do its best to have the Club's launch or RIB in attendance during racing. Should competitors in carrying out rescue assistance jeopardise their own position in a race, the Sailing Committee will, at their discretion, adjust positions accordingly.

5. The Race/Line Officers and/or Club launch/RIB **must** be informed (**for safety reasons**) as soon as possible if you retire from any race on channel 37A or by phone on 07751 799615. It is considered irresponsible practice to abandon racing without informing Race Officers.

6. Disclaimer, Responsibility & Insurance:

The Safety of a Yacht, its crew and its entire management, including insurance, shall be the sole and inescapable responsibility of the owner/skipper. The organisers shall not be liable for any loss, damage, death or personal injury, howsoever caused, to the vessel, owner, his skipper, crew or third parties as a result of taking part in any East Cowes Sailing Club (ECSC) event. Every owner warrants the suitability of his yacht for any ECSC racing

Yachts **MUST** carry insurance protection for third party and passenger liability of not less than £2,000,000.